**Vijigishu (Leader) – one who wants to be victorious and conquer in spite of the challenges**

They give a new direction and perspective to the way people think

Leaders need to look at the forest, whereas most of us usually look at only the trees

The Leader has to be clear about his goals, objectives and responsibilities, because he has to give direction to his team.

There is nothin

*“One may get a leadership chair (position) by heredity, power or influence. But if one is not capable, the chair will not keep you”*

* Swami Chinmayananda

**Which would you choose: a good leader or a bad leader?**

Find someone who can lead the team to achieve its goals with honesty and efficiency; without resorting to manipulative, unethical or illegal means.

**What if the bad leader becomes a good leader?**

To have good options, one must train and develop leadership qualities among all the people in the organization, right from the top to the bottom.

Leadership is not by rank or designation; it is by attitude and competence.

The leader gives the credit for success to those who worked for it, but absorbs the responsibility for their failure.

As the lea

“…Happiness of subjects…” –

Physical: A person who is not physically fir cannot be happy. Nutritious food with good exercise keeps the body strong and fit.

Mental: A leader needs to understand that human beings have sentiments and feelings, and need to be emotionally taken care of. For this, a leader needs to develop emotional intelligence. Increasing stress levels in modern-day living are a result of being mentally unhealthy. Creating a caring and accepting atmosphere is required for mental health. Children should not be afraid to speak the truth or to face failures. Mistakes are considered as learning steps, the individual is never blamed for failures and teamwork is given more importance than a one-man show. People get connected emotionally and the office becomes a second home

Spiritual: Spiritual happiness comes from the death of the ego. Children are first made comfortable at the physical level by giving them foos and other material comforts; then at the mental and intellectual level by providing care, a house full of warm and loving people, followed by education and security. And finally, they are taught spiritual values that will help them stay strong through all the challenges of life.